



## EVERGREEN PRIMARY SCHOOL

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Notification No: 142/2019

5 July 2019

### Primary 6 Term 3 2019 Level Letter

Dear Parent/Guardian,

The Primary 6 level teachers and I would like to warmly welcome your child back to school. We hope that your child has had a well-rested break. Term 3 will be a rigorous term as we will be starting our revision for the various subjects. I will be sharing matters pertaining to the level and the school. I hope you will take some time to go through them. Thank you for your support thus far. Let us work hand in hand to nurture your child.

#### (1) Every Student, An Engaged Learner

##### (A) Value of the Term

**Graciousness**

For term 3, the value we are focusing on is "Graciousness", one of our five school values. It is an important value our children need to develop to ensure that they grow into adults who are part of a gracious society. Being gracious means that one should be tactful, kind and respectful in their interactions with others. It also includes putting others before ourselves, be it our friends, family or strangers. A big part of being gracious is being able to appreciate what people do for us. We would like our students to be able to thank people for their efforts, however big or small they are. We want to inculcate the "kampong spirit" amongst our students whereby being gracious is part of our culture. We hope, by being other-centered, we can foster better relationships among people and work towards building a gracious society. Kindly refer to the article in Annex A for more information on graciousness.



## (B) Preparation for PSLE

### Utilising MMP Periods

MMP has ceased for the Primary 6 level this term. It will resume after PSLE. As PSLE draws near, we will be using the MMP periods to complete the syllabus and conduct timed-practice papers for the various subjects. The purpose of the timed practice papers is to teach the students to practise time management so that they will have ample time to complete and check their papers. It will also help build the momentum for the students to take the national exams.

## (2) Every Parent, A Supportive Parent

### (A) Managing Exam Stress

#### A Parent's role in stress management

With the examinations drawing near, it is natural for some students to experience stress. While some stress is needed to motivate us to perform better, too much stress can affect one's health and mental well-being. Fear of failure or not performing up to their parents' expectations could be some of the reasons why students may feel stressed. As a result, their anxiety may cause them to lose focus develop low confidence. As parents, you play an important role in your child's well-being. Below are some suggestions to help your child to cope with exam stress.



#### 1. Set goals

Help them set specific, achievable targets for each subject. Having a goal to work towards can be a great motivator.

#### 2. Make and stick to a study plan

A study plan helps to set out expectations for your child on when and how they should be studying. Working out an achievable plan with them also helps them take responsibility of their studies. They will also need a proper study area at home to revise their work everyday.

#### 3. Understand, not memorise

Subjects like Mathematics and Science need rigorous practice to make perfect. Regurgitation and rote-learning doesn't work here. Check that your child knows key concepts and are able to apply essential formulae and theories based on the context of the questions.

#### 4. Have a break

Giving your child regular breaks helps them recharge and refocus. Factoring in time for play isn't harmful. It helps develop other parts of their brain and also makes the exam period a more positive one.

#### 5. Eat Smart

Research shows that a good breakfast is linked to higher success academically. Make sure your child has regular meals to keep their energy level consistent, and where possible incorporate 'brain foods' like eggs, nuts and fish, to give the right nutrients for brain performance.

#### 6. Recognise effort

Some kids may bring home 'B's, no matter how hard they study. Praise them for their effort and perseverance, rather than focus on results. Continue to encourage them.

Adapted from:

<https://sg.theasianparent.com/beating-exam-stress-for-kids/>

[https://www.family.org.sg/FOTFS/Blog/Parenting/8\\_Smart\\_Ways\\_to\\_Help\\_Your\\_Kids\\_Beat\\_Exam\\_Stress.aspx](https://www.family.org.sg/FOTFS/Blog/Parenting/8_Smart_Ways_to_Help_Your_Kids_Beat_Exam_Stress.aspx)

#### (B) Parents Gateway

Parents gateway is a mobile app by MOE and GovTech aimed at connecting parents and schools on key administrative matters. We would strongly encourage parents to come onboard this application. The app is readily downloadable via App store or Playstore. To use the app you will require your SINGPASS.



The following QR codes are provided for SingPass registration and 2-Factor activation should you require.



### (C) EGPS is on Social Media!

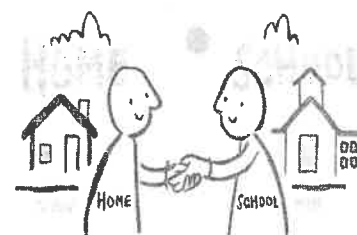
We are excited to announce that we have established a presence on both Facebook and Instagram recently. We will be utilizing our social media pages to make updates on school programmes, share photographs, videos and important announcements. Our pages will also be featuring our very own EGPS students and teachers as they participate in the various activities and share their experiences with us. This semester we will be focussing on Teaching and Learning in the various classrooms. Do consider going to the pages to click “like” and “follow” us. It will be a worthwhile and interesting experience as visitors can get to know more about the school’s programmes and objectives. Hope to see you there!



### 3) Every Teacher, A Caring Educator

#### We Care

At Evergreen Primary School, we care. Our level teachers seek to work closely with you continuously. You are encouraged to contact or email your child’s/ward’s form teacher if you have any concerns and require clarifications. Do be patient with us and give us some time to look into your concerns and we will respond to you as quickly as possible. You can also email me ([jayanthi\\_jayaram@schools.gov.sg](mailto:jayanthi_jayaram@schools.gov.sg)) regarding matters pertaining to the level.



Please refer to the following appendices for more information.

Annex A: Article on graciousness

Annex B: Events for Term 3

Kindly acknowledge the receipt of this letter and return the acknowledgement slip to your child's/ward's form teacher by 11 July 2019.

Thank you.



On behalf of the P6 Level,

Yours sincerely,

Ms Jayanthi Jayaram

Assistant Year Head (P6)

cc. *Mrs Rabia Shahul (P), Mrs Pearlyn Wai (VP) and Mrs Eunice Lim (VP)*

The excerpt below is taken from an article explaining what constitutes a gracious society and how we can work towards building a gracious society in Singapore. Please read the article and do encourage your child to be more gracious.

### ***Building a gracious society in Singapore***

#### Singapore in 50 years

Singaporeans have expressed the wish for a more gracious society in the next 50 years and while the government can encourage and facilitate this graciousness, it is something the citizens themselves have to produce, said former top civil servant Lim Siong Guan. This could take a generation, and Singapore has to start now and move in a more deliberate, urgent, and holistic manner than before

#### Kampung Spirit

Let me explore further this wish for a gracious society. Perhaps the more colloquial term is "kampung spirit"—if we think of it as something that we perhaps once had and have since mostly lost. The most critical observation we have to make about gracious society or kampung spirit is that it reflects the state of relations among individual citizens. In other words, this is not an outcome the government can produce. The government can encourage and facilitate, but gracious society is something we the citizens have to produce.

#### How a gracious society can look like

It is the little things that define culture and the reality of society. I know there are already many initiatives for people to help one another and be kind to one another. There have been many occasions where people reach out to help others in trouble. This gives us optimism that in a crisis, people will not simply think of themselves and their families, but will extend their hearts and hands to those around them. But what I am advocating is graciousness as a part of our character as a nation, not just episodic acts of kindness. This is culture: an integral part of our make-up as a people.

#### Starting with parents and the young

The lesson is plain: parents and the child's earliest environment hold the key to the behaviour the child will display towards others as they grow up, and their attitude towards life and work in adulthood.

Adapted from <https://www.todayonline.com/singapore/building-gracious-society-singapore>

**PRIMARY 6 PROGRAMMES / EVENTS / ACTIVITIES – TERM 3**

	<b>Programme/Event/Activity</b>	<b>Date</b>	<b>Remarks</b>
1)	Youth Day (school holiday)	8 July 2019	Students do not report to school.
2)	Prelim Oral Day 1	25 July 2019	Students are to stay back after school
3)	Prelim Oral Day 2	26 July 2019	Students are to stay back after school
4)	Prelim Listening Comprehension (EL & MT)	1 August 2019	
5)	National Day Celebration	8 August 2019	Students will be dismissed at 9.30 a.m.
6)	National Day Public Holiday	9 August 2019	Students do not report to school.
7)	Hari Raya Haji Public Holiday	11 August 2019	Students do not report to school. on 12 August 2019
8)	PSLE Oral Exam Day 1	15 August 2019	P6 Students need to report to school
9)	PSLE Oral Exam Day 2	16 August 2019	P6 Students need to report to school
10)	PRELIM EXAM (Written papers)	19 August 2019 to 23 August 2019	
11)	Teachers' Day Celebration	5 September 2019	Students will be dismissed at 12.30 p.m.
12)	Teacher's Day school holiday	6 September 2019	Students do not report to school.
13)	P6 Supplementary Lessons	11 to 13 September 2019	8 a.m. to 12.30 p.m.

*September Holiday is from 7 to 15 September 2019*

*School will resume on 16 September 2019.*

